



ATLANTIC FOOD DISTRIBUTORS

CHEF ZACH'S "FOOD FOR THOUGHT"

AUGUST 10 - 11
SOUTH DISTRICT
MOBILE TEST KITCHEN

Customers receive more than just great quality and value when they purchase from Atlantic Food Distributors. With our Beyond the Box program, we offer our customers many resources to help them meet their marketing and management needs

Hungarian goulash with sliced Hungarian sausage \$2.46 per 12 oz

04642 - 2 onions medium diced - 0.03 per oz
16432 - 2 table spoons butter - 0.16 per oz
00000 - 1 teaspoon caraway seed -
17752 - 2 tablespoons paprika - 0.33 per oz
19322 - 2 pounds of Hungarian sausage cubed -
0.26 per oz
01042 - 3 cups chicken broth - 0.06 per oz
06012 - 2 cups of diced tomatoes (canned) - 0.03
per oz
14874 - 1 teaspoon salt - 0.11 per oz
14874 - ½ teaspoon pepper - 0.38 per oz
04500 - 2 cups carrots diced - 0.07 per oz
04700 - 3 cups potatoes diced 0.04 per oz

Smoked Slovenian sausage with peppers and onions and topped with grated horseradish \$2.13 per serving

04180 - Peppers and onions - 0.20 per oz
19323 - Slovenian sausage - 0.26 per oz
14566 - Rustic hoagie - 0.60 each
15541 - Horseradish - 0.10 per oz

Bean and vegetable soup with chard polish sausage \$2.03 per 12 oz

16432 - 4 tablespoons of butter - 0.16 per oz
18028 - 1 cup chopped celery - 0.02 per oz
04500 - 1 cup medium dice carrots - 0.07 per oz
04642 - 2 cups of medium dice onion - 0.03 per oz
14149 - 2 tablespoons of minced garlic - 0.39 per
oz
07205 - 30 of crushed tomatoes - 0.03 per oz
19213 - 15 oz black beans drained - 0.04 per oz
06267 - 15 oz great northern beans drained - 0.06
per oz
11357 - 1 table spoon of fresh basil - 0.72 per oz
01042 - 16 oz chicken broth - 0.06 per oz
04401 - 2 lbs of chopped spinach - 0.17 per oz
19324 - 3 lbs of sliced and chard polish sausage -
0.26 per oz

Andouille with Great northern beans and escarole \$2.48 per serving

14660 - 2 tablespoons of olive oil - 0.10 per oz
04434 - 1 head of escarole - 1.42 per head
14149 - 4 gloves of garlic minced - 0.39 per oz
04642 - 1 onion medium diced - 0.03 per oz
18480 - ½ tablespoon crushed red pepper flakes
- 0.34 per oz
01042 - 1 cup of chicken broth - 0.06 per oz
06267 - 20 oz great northern beans drained -
0.05 per oz
00974 - garnish with shredded parmesan - 0.28
per oz
19325 - 6 oz Andouille sausage - 0.26 per oz

All American smash burgers \$2.87 per sandwich

20113 - 2 - 4 oz smash burgers - 0.92 per patty
04642 - yellow onions caramelized - 0.03 per oz
04393 - shredded lettuce - 0.07 per oz
00000 - bread and butter pickles
14682 - American cheese - 0.10 per oz
04797 - 1000 island dressing - 0.10 per oz
05777 - liquid smoke - 0.19 per oz
03609 - 3.5-inch bun - 0.48 per oz

Stuffed Hungarian peppers with mashed potatoes topped with caramelized carrots and onions with a blue cheese drizzle \$3.07 per completed dish

12266 - meatloaf mix - 0.21 per oz
04667 - Hungarian hot peppers - 0.15 per oz
12139 - red skin mashed - 0.13 per oz
04644 - caramelized onions - 0.03 per oz
15548 - blue cheese - 0.21 per oz
15990 - Heavy cream - 0.11 per oz
04639 - match stick carrots - 0.12 per oz

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330-454-1307

