FleshSEAFOOD

January 6 thru January 19, 2024



#24956 \$9.52 ID SALMON FILLET, VERLASSO 3-4LB SCO, PBO, FRM, CHILE

ABOUT VERLASSO

Verlasso has been a leader in sustainable practices for nearly a decade. We work closely with our local communities to reduce environmental impact with proven innovative sustainable farming techniques. Verlasso is on the cutting edge of harmonious aquaculture and is a truly trusted source for delicious quality salmon.

WHY VERLASSO?

Nourished by the earth's richest current, the Humboldt, Verlasso salmon is the ultra-premium brand of AquaChile. We achieve our level of quality, flavor, and sustainability because we care about everyone and everything that touches your salmon.

WE GO TO GREAT LENGTHS TO CAREFULLY CHOOSE EACH FARM SITE, ENSURING THAT OUR SALMON IS RAISED IN ONLY THE CLEANEST WATERS.

Remote Location

At 42° south, far from cities, villages and industrial pollutants, we found ideal growing conditions that yield the freshest and healthiest salmon.

The Humboldt Current

Cold, low salinity water flows up from deep ocean trenches, refreshing the farms all year long. Our fish thrive in waters uniquely primed with micro-nutrients and planktons.

SUSTAINABILITY AT SCALE

As a leader in sustainable farming practices, Verlasso consistently meets growing demand while raising the highest quality salmon. Our commitment to leadership extends beyond sustainable farming to include consistent harvesting, processing, and delivery, making Verlasso one of the only producers that reliably delivers at scale.

Fish in Fish out Hormone and Antibiotic Free



#21302. \$20.36lb SCALLOPS, 10-20 DRY 1X10LB WILD USA

BACON WRAPPED SCALLOPS

- 6 slices bacon
- · 12 sea scallops, rinsed and drained
- 3 tablespoons fresh lemon juice

Directions

- 1. Preheat oven to 350 degrees F (175 degrees C).
- 2. Cut the bacon slices in half and wrap each half around a scallop. Use a toothpick to secure in place.
- 3. Drizzle lemon juice over scallops. Place on a cookie sheet.
- 4. Bake in a preheated oven for 15 to 20 minutes or until bacon is cooked.
- 5. Serve warm.



SEABASS

02600 BASS CHILEAN SEA FLT 18644 BASS CHILEAN SEA S/B FLT PORTIONS

02572 BASS CHILIAN SEA S/B FLT

21792 BASS STRIPED PACIFICO S/O PBO

02558 BASS WHT WHL

BRONZINI

02567 BRONZINI WHL SCALED GUTTED 13726 BRONZINO HEAD ON BONED

CATFISH

02562 CATFISH FLT FARMED USA

CALAMARI

14052 CALAMARI RINGS & TENTICLES 10# AVG

CLAMS

02582 CLAMS CHERRYSTONE

02578 CLAMS LITTLE NECK FARMED

02579 CLAMS LITTLE NECK W/B

02577 CLAMS MIDDLE NECK FARMED

02580 CLAMS MIDDLE NECK W/B

07053 CLAMS MIDDLE NECK WILD

14060 CLAMS STEAMER WILD USA

02576 CLAMS TOP NECK WILD

COD

07064 COD FLT WILD ALASKAN

16781 COD LOIN S/B ICELAND ATLANTIC

CRABMEAT

02590 CRABMEAT CLAW 16 OZ

007907 CRABMEAT BACKFIN

02590 CRABMEAT CLAW

02589 CRABMEAT LUMP

02574 CRABMEAT LUMP JUMBO

02564 CRABMEAT SPECIAL

FLUKE

07243 FLUKE FLT LRG SKNLS

GROUPER

07214 GROUPER RED FLT S/O USA GULF WILD

19092 GROUPER RED HEAD ON SCALED

HADDOCK

16376 HADDOCK FLT SKIN ON ICELAND

HALIBUT

07735 HALIBUT DRSD WILD

08900 HALIBUT DRSD WILD 10-20 CAN

02588 HALIBUT FLT

14387 HALIBUT FLT SKINLESS

12750 HALIBUT PORTIONS S/B

LOBSTER

02597 LOBSTER LIVE 1.25#

08116 LOBSTER LIVE 1.5# CAN

MAHI MAHI

02554 MAHI MAHI FLT

06880 MAHI MAHI FLT SKLS USA

10028 MAHI MAHI PORTION

MONKFISH

02555 MONKFISH FLT

WALLEYE

07976 WALLEYE FLT MED 16920 WALLEYE MED V-CUT

MUSSELS

21689 MUSSELS BANGS ISLAND

02569 MUSSELS PEI

02568 MUSSELS PEI

OYSTERS

021459 OYSTER MURDER POINT

14800 OYSTERS BEVANS

08940 OYSTERS DELAWARE BAY 100CT

02565 OYSTERS SEL SHUCKED

21982 OYSTERS WELLFLEET

07671 OYSTERS WILD DELAWARE BAY

PERCH

07583 PERCH FLT OCEAN WILD

06524 PERCH FLT YELLOW LAKE

PICKEREL

02593 PICKEREL/WALLEYE FLT JUMBO

SALMON

21793 SALMON ARCTIC KVAROY 4-5# S/O PBO

02559 SALMON FLT 2-3# ATL CHILE

02586 SALMON FLT 3-4# ATL CHILE

02560 SALMON FLT 3-4# CANADA

06519 SALMON FLT 3-4# S/B E TRIM ATL

10017 SALMON FLT FAROE ISLAND

07280 SALMON FLT KING NEW ZEALAND

07365 SALMON FLT S/O SCOTTISH

14137 SALMON PORTION C/C S/B CHILEAN

12909 SALMON SMKD SLICED NORWAY

10422 SALMON TRIM

17195 SALMON WHL 10-12# ATL CANADA

18417SALMON WHOLE 12-14# FARM CANADA

SCALLOP

21302 SCALLOP 10/20 DRY PACK 10# AVG

16632 SCALLOP SEA U/10CT FLAT

17030 SCALLOP SEA U/15CT WILD USA

21302 SCALLOP USA 10/20 DRY WILD

17052 SCALLOP USA U/8 DRY WILD 07773 SCALLOPS JAPANESE U/10 CT

SNAPPER

12573 SNAPPER B-LINER SCALED USA

14162 SNAPPER FLT GULF WILD CAUGHT

19270 SNAPPER RED WHOLE 2-4# CLEANED

19352 SNAPPER WHOLE LANE

SOLE

02556 SOLE FLT 4-6OZ

07674 SOLE FLT 4-60Z HYGRADE

SWORDFISH

02553 SWORDFISH LOIN C/C USA

10025 SWORDFISH LOIN WILD

07366 SWORDFISH STEAK PORTIONS

TILAPIA

02575 TILAPIA FLT 5-70Z

TROUT

10656 TROUT FLT LOCHETIVE SK/ON F.R.SC 21480 TROUT RAINBOW REVERENCE SINGLE FLT

07734 TROUT RUBY FLT USA FARM

TUNA

10026 TUNA AHI C/C #1 YELLOWFIN 10455 TUNA STEAK AHI 8OZ IOF

02563 TUNA YELLOWFIN PORTIONS PHILIPPINES