

The ——— Brine Line

From kitchen staples to seasonal specialties, the Brine Line offers responsibly sourced seafood — finfish and shellfish with peak flavor, fresh portions, tender textures, and consistent quality.



The — Brine Line

Each edition spotlights what's in season — limited-time offers, hand-picked specials, and new arrivals. We feature the best seafood selection to inspire new ideas for culinary experiments and coastal menus.

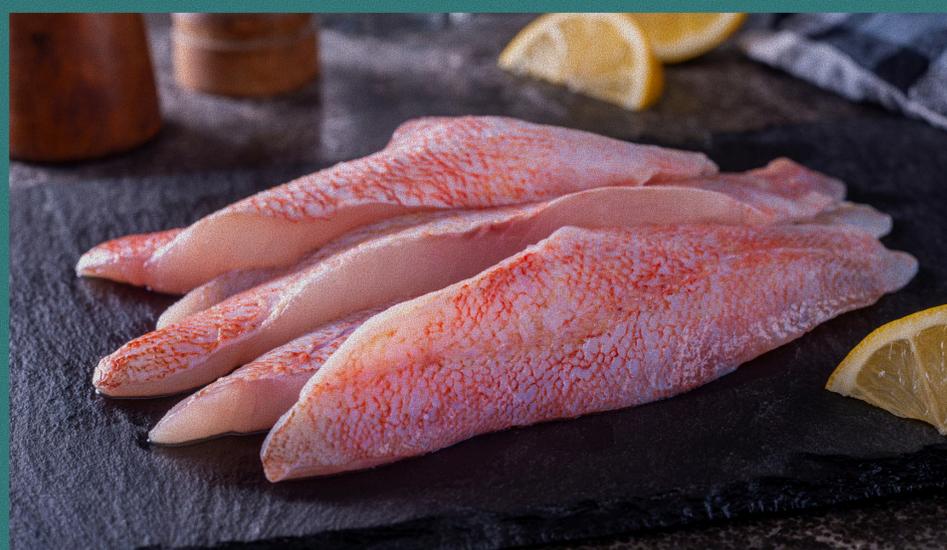
OCEAN PERCH FILLETS — SKIN-ON

Mild, slightly sweet perch with a delicate flake; skin-on crisps well for pan-sear and oven finishing

2-4 OZ PORTION-CUT

\$6.95_{lb}

07583



Lemon-Garlic Grilled Ocean Perch

Entrée • Sandwich • Lighter Feature • Lent

2-4 oz perch portions for controlled food costs and fast flat-top pick-up.

Clean lemon-garlic flavor with a light char; minimal prep, consistent cook times, and a controlled plate build that works as an entrée, sandwich, or lighter special.

Method

1. Combine olive oil, garlic, lemon zest, paprika, salt, and pepper. Brush onto fillets.
2. Grill on a well-oiled flat-top or grill pan over medium-high heat.
3. Cook 2-3 min per side until lightly charred and just flaky.
4. Finish with lemon juice and herbs.

Ingredients

- | | |
|---------------------------------------|--|
| 07583 — Ocean perch fillets, 2.5 lb | 22486 — Paprika, 2 tsp |
| 26519 — Olive oil, 1/2 cup | 24887 — Salt, to taste |
| 24245 — Minced garlic, 2 Tbsp | 22493 — Cracked black pepper, to taste |
| 04532 — Lemon zest (from 2 lemons) | 04673 — Chopped parsley (garnish) |
| 01335 — Lemon juice, 1/4 cup (finish) | 04443 — Fresh thyme (finish) |

Menu Description

Ocean perch fillets brushed with lemon-garlic oil, lightly charred, and finished with fresh herbs and lemon.

Flyer pricing applies to single-unit foodservice customers only and excludes multi-unit operators, program accounts, and distributors. Pricing is valid on full-case purchases only. Prices and availability are subject to change without notice, and product selection may vary.

Quantities may be limited. Images are for illustration only and may not reflect actual items. Atlantic Food Distributors reserves the right to correct typographical or printing errors, limit quantities, and adjust pricing as necessary.



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